



Thank you for volunteering to help cook a meal at Safe Alliance's Domestic Violence Shelter! We are thrilled to have you. Below are some guidelines and what to expect.

Shifts	Days
Dinner (3 – 7 pm)	7 days a week
Lunch (11 am – 1 pm)	Sunday – Friday
Brunch (10 am – 1 pm)	Saturdays

- Based on the nature of our work, we do screen volunteers' backgrounds and based on the results, you may not be eligible to volunteer.
- There is no minimum size for groups but the **maximum is 4**, this includes any chaperones. There are exceptions to this if you are bringing in the food, please email the kitchen for more information.
- We operate our kitchen to Health Department Standards. For you, this means the following:
  - Good personal hygiene and health. If you are sick, please give us as much notice as possible and don't come.
  - Thorough hand washing: Wash hands after eating, blowing your nose, smoking, using the bathroom, or after touching anything besides the food and tools you are working with.
  - Wear closed toe shoes with a good sole, the kitchen floor can be slippery. Tennis shoes are recommended.
  - Head coverings must be worn in the kitchen. Feel free to bring a ball cap or bandana, otherwise we provide hair nets.
  - Eating in the kitchen is prohibited.
- Children from 13-17 are welcome to come with appropriate adult supervision.
  - Children are the responsibility of the adult volunteer they came with. Please be aware that kitchen staff will assign tasks, but chaperones are responsible for monitoring the behavior of children.
- New volunteers will be able to schedule one shift. Once they have worked that shift, they can book as many shifts as they would like.
- All volunteers work at kitchen staff's discretion. If issues arise because of a volunteer, they will be asked to leave and may not be eligible for volunteering again.

**Please email [kitchen@safearlliance.org](mailto:kitchen@safearlliance.org) with any questions or to book shifts.**